

## Intensive Outpatient Program (IOP) IOP REQUEST FORM

This is a request to review whether treatment meets the medical necessity definition under the member's health benefit plan. It does not confirm eligibility of benefits. For Initial Services, the Provider must call BCBSOK at **800-672-2378** to check benefits. Instructions: For Initial Services, submit completed form through iExchange<sup>®</sup> or print and fax completed form to BCBSOK at **877-361-7660**.

Date\_\_\_\_\_

Check One:	🗌 Initial Request	Concurrent	🗌 Discharge	Check One:	🗌 CD	MH	🗌 ED	
Patient Name				Patient Date of Birth				
Subscriber Name								
Facility/Provider Name			NPI					
Address							Zip	
MD/Program Dir. Name			MD NPI					
Address							Zip	
	me			Phone		Ext	Fa	IX
Days Per Week (#) Hrs Per Day (#)			Are the total hours per week between 9-20 hrs? 🔲 Yes 🔲 No					
Sessions Requested (#)			Start Date of Additional Sessions Requested					
Date Mbr Started IOP Total Days Used (#)			IOP End Date					
Treatment days of the week, please check.			In-network provider Uut-of-network provider					

Current DX — Please list ICD-10 code, Diagnosis Name, Specifier and all Medical Diagnoses

ICD-10 Code	DX Name	Specifier	
ICD-10 Code	DX Name	Specifier	
ICD-10 Code	DX Name	Specifier	

**Medications (Dosages)** 

1. Previous MH/CD/ED Treatment (Reason for same level of care transfer, if applicable)





2. Current Treatment Goals

3. Aftercare Plan (Provider names, telephone #, appointment date and time)

Current Clinical Presentation

1. Current Mental Status (Substance DO – date of first use, pattern of use, last date of use, cravings and severity; Eating DO – include HT, WT, BMI)

2. Current Risk Factors (SI, HI, Psychosis, Medical, ADLs or current functional impairments that can't be addressed in lower level of care)



3. Progress on treatment goals and barriers to progress

Please complete form in its entirety. Incomplete forms cannot be processed and will require resubmission.

## Do not send medical records.

Additional clinical information can be attached if there is inadequate space on the form.

My signature confirms that I, or the facility I represent, will provide the requested services.

Signature	Date	